

A Reading from the Prophet ISAIAH, Chapter 43 verses 18 and 19:-

¹⁸ Do not remember the former things
or consider the things of old.
¹⁹ I am about to do a new thing;
now it springs forth; do you not perceive it?
I will make a way in the wilderness
and rivers in the desert.

Hear the Word of the Lord

Thanks be to God

Isaiah 43.18-19

Psalm 111 Page 343

1 O praise the Lord. I will praise the Lord
with my whole heart:
in the company of the upright and among the congregation.
**2 The works of the Lord are great:
and studied by all who take delight in them.**
3 His deeds are majestic and glorious:
and his righteousness stands for ever.
**4 His marvellous acts have won him a name
to be remembered
the Lord is gracious and merciful.**
5 He gives food to those that fear him:
he remembers his covenant for ever.
**6 He showed his people the power of his acts:
in giving them the heritage of the heathen.**
7 The works of his hands are faithful and just:
and all his commandments are sure;
**8 They stand firm for ever and ever:
they are done in faithfulness and in truth.**
9 He sent redemption to his people,
he ordained his covenant for ever:
holy is his name and worthy to be feared.
**10 The fear of the Lord is the beginning of wisdom,
and of good understanding are those
that keep his commandments: his praise shall endure for ever.**

A Reading is from the First Letter of Paul to the Corinthians, Chapter 8, beginning at the first verse:-

8 Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. ² Anyone who claims to know something does not yet have the necessary knowledge, ³ but anyone who loves God is known by him.

⁴ Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists” and that “there is no God but one.” ⁵ Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—⁶ yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

⁷ It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol, and their conscience, being weak, is defiled. ⁸ “Food will not bring us close to God.” We are no worse off if we do not eat and no better off if we do. ⁹ But take care that this liberty of yours does not somehow become a stumbling block to the weak. ¹⁰ For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? ¹¹ So by your knowledge the weak brother or sister for whom Christ died is destroyed. ¹² But when you thus sin against brothers and sisters and wound their conscience when it is weak, you sin against Christ. ¹³ Therefore, if food is a cause of their falling, I will never again eat meat, so that I may not cause one of them to fall.

Hear The Word of The Lord

Thanks be to God

1 Corinthians 8.1-13

The Gospel of our Lord Jesus Christ according to MARK Chapter 1 beginning at the 21st verse :-

Glory to you Lord Jesus Christ

²¹ They went to Capernaum, and when the Sabbath came, he entered the synagogue and taught. ²² They were astounded at his teaching, for he taught them as one having authority and not as the scribes. ²³ Just then there was in their synagogue a man with an unclean spirit, ²⁴ and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.”

²⁵ But Jesus rebuked him, saying, “Be quiet and come out of him!” ²⁶ And the unclean spirit, convulsing him and crying with a loud voice, came out of him.

²⁷ They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.”

²⁸ At once his fame began to spread throughout the surrounding region of Galilee.

For the Gospel of the Lord

Praise to You Lord Jesus Christ

Mark 1.21-28